



## Greetings from the President



Genny Fulp, President

Hello Members,

We have reflected back to what was accomplished last year, and now we are ready to move ahead and see what we will do for 2015. As for our See's Store, we have cleaned, vacuumed, placed all the decorations in boxes and taken them to storage. Thanks to all you ladies, and your Soropti-misters, all of whom helped in this endeavor. Good job! When we band together, we get the job done quickly.

There are many activities ahead for us, and I know we will succeed. Our new 'Helping Hands' Project will start in the not-too-distant future; please let the Service Committee know that you are available if needed. Also in the near future is our Bunco Party and there are many areas in which the committee will need help. When they make the 'call', please respond, as you have so graciously have in the past. Our Bunco Party is on **February**

**21, 2015**, at Camden Springs Gracious Retirement Living, 8476 Sheldon Rd., 95624, from 9:00 a.m. – noon.

Our Winter District III Meeting is also coming up. The host club is SI Sac Metro, on **February 28, 2015**, at Plates Cafe, 14 Business Park Way, Fruitridge Rd. and Power Inn Road, Sac, 95828, 8:30 a.m. – 2:00 p.m. If you have not been to a District Meeting, this is a good chance to meet the other clubs in our Region. Most of you attended SIEG's last October, so this is your chance to reacquaint yourself with the other members in our region. Make a point to sit with someone you don't know; make a connection!

We may have a permanent (as permanent as we can get) home for our business meeting. The announcement will be as soon as we get a definitive answer. This business has the facility we are looking for, so let's hope this works out. Keep your fingers

crossed. You will know as soon as we do, honest! I would be remiss if I failed to wish you a very Happy Valentine's Day. Although we shouldn't have to wait until Valentine's Day to tell someone close to you how happy you are to be a part of their lives, be it family or friends, tell them anyway; don't wait until Valentine's Day. You don't need this day to spend some time together; just enjoy each other. Everybody appreciates being wanted, and I am no different. I appreciate each and every one of you just for who you are and what you do for our community. Thank you.

We will also give a nod to two great men who carved the way to live in this great land, and that would be Abraham Lincoln and George Washington; a happy birthday to two great presidents.

Genny Fulp  
President, SIEG



### Inside this issue:

Greetings from the President	1
2nd Wednesday Lunch	2
Business Meeting Pic	2
Birthdays	2
Live Your Dream Awards	2
Ardent Magazine	2
Out 'n About	3
See's Store Update	3
On the Web	3
SOLT Notes	3
February Speaker	4
Region Happenings	4
Random Tips	4
Member Bio	5
SI Auburn, WA Visitation	5
Family Fave for February	6
Calendar Snapshot	6
February Calendar	7

*Thanks for attending our Business meeting, Barbara Smiley!*



SIEG Business Meeting at the Elk Grove Library, on January 15, 2015



### 2<sup>nd</sup> Wednesday

This month we will meet at Double Nickel Smoke House, 3443 Laguna Blvd., #150 at 11:30am, on February 11, 2015.



Remember, the more the merrier! And, don't forget to take a picture!



February 21, 2015

### Bunco Fundraiser

Camden Springs Gracious Retirement Living

8476 Sheldon Road  
Elk Grove, CA 95624

Our next Bunco fundraiser is going to be another resounding success. We just need your help to make it so!

Gift cards are needed for baskets designed by Karin Lindner.

### February Birthdays

- February 11 – Suzanne Mink
- February 11 – Marie Wood
- February 12 – Leslie Konopinski
- February 25 – Joyce Link



### Live Your Dreams

Did you know, that since the [Live Your Dream Awards](#) program began in 1972, about \$30 million in education grants have been disbursed to assist tens of thousands of women achieve their dreams of a better life for themselves and their families.

Each year, more than \$1.6 million in education grants are awarded to more than 1,200 women, many of whom have overcome enormous obstacles including poverty, domestic violence and/or drug and alcohol abuse.

[Live Your Dream Awards](#)



February is Women's Heart Month – wear RED on Fridays.

### Women's Magazine in Elk Grove

[Ardent for Life](#) is an Elk Grove Women's Publication. It is written by local authors; it's objective is to build relationships within the community of Elk Grove and enable us all to live a more ardent life.

The Winter 2015 edition features an article on our club, our programs and our fundraisers. They even have a beautiful ad for our February 21 Bunco Fundraiser! Pick up a copy!



## “Out ‘n About” See’s Store Boutique Merchandise Update On The Web



On January 9, **Mary Lewis** presented the Elk Grove Chamber 2014 Service Award to Christine Wood.

There was great attendance at the Elk Grove Chamber Mixer on January 20. Pictured below: **Mary Lewis, Tracey Edwards, Diane Hollingshead, Genny Fulp, Marie Wood and Kristine Smith.**



The 2014 See's store is behind us and, while the numbers are still being finalized, we all know that it was a success. Great job everyone!

This is the first year that the 2014 “boutique merchandise” committee members have worked in this capacity and in addition to being a lot of work, it was also a lot of fun. And, *most importantly*, it was successful! The boutique merchandise sales had a net profit of just over \$2,000! Fantastic! We have many of you to thank for adding to the success. First of all, thank you to **Betty Hall** for sharing your years of experience and for all of the knowledge, tips

and tricks you provided. For donating so many wonderful items to sell, a big thank you goes out to many of our members: **Tracey Edwards, Janet Brabender, Lena Oneto, Betty Matsui, Peggy Ursin, Jane Morse** (and her caregiver Lenore), **Leigh Nurre, Karin Lindner, Sherry McLellan**. President **Genny Fulp** donated the beautiful afghan that was raffled off. The donated items resulted in just over \$900 of our profit, which is HUGE!

Again, thank you all so much for contributing to our 2014 See's store success!

The Boutique Merchandise Committee:

**Leslie Konopinski**

**Karin Lindner**

**Sherry McLellan**

**Leigh Nurre**

*Here are some quick links for when you're wandering through the Web looking for interesting and informational tidbits!*

[Our \(SIEG\) Programs SI Elk Grove](#)

[My Sister's House Soroptimist SNR](#)

[Our Global Impact SI of the Americas](#)

[SoroptiVoice Blog Soroptimist Int'l](#)

*Please share with your editor when you find something interesting that your fellow members would benefit knowing about, whether a photo, a video, or blog.*

## SOLT – Some Other Little Things

Blast From the Past – February 2013

The word “Program” comes up a lot in Soroptimist jargon. It's on websites, on posters and in Soroptimist publicity. So what's “program” about? Well, it's not playing Bunco or selling See's candy. It's not sipping chardonnay at the annual “City” event. No, program applies to Soroptimist-designated efforts to create a better situation, in one way or another.

We work on fundraisers to support programs. They can be everything from the Live Your Dream campaign to Women's Opportunity Awards; from the SIA Workplace Campaign to End Domestic Violence to STOP Trafficking. Solar Cookers in Darfur was a program; so is what our club does for foster youth in our region - we just haven't come up with a catchy name for it yet! Hmmm....any ideas? As our own Betty Hall has always said, “It's all about programs.” So you see, “Program” is why we do what we do!

*We would love to hear from you!  
Here's our contact information:*

**Soroptimist Int'l of Elk Grove**  
P.O. Box 881  
Elk Grove, CA 95759

[www.SoroptimistElkGrove.org](http://www.SoroptimistElkGrove.org)

*Email us at:*

[hello@SoroptimistElkGrove.org](mailto:hello@SoroptimistElkGrove.org)

We're on Facebook. Are you? Find us here:  
[www.Facebook.com/SoroptimistElkGrove](http://www.Facebook.com/SoroptimistElkGrove)

Find the Facebook SNR Group here:  
[Soroptimist Sierra Nevada Region District III](#)

## February Program Speaker

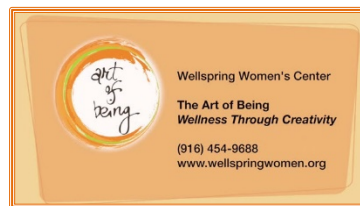


Annie Brackney will be our speaker on February 6, at 7:30 a.m., at CCSD Admin Bldg. on Elk Grove Blvd.

Annie has been on staff for three years, serving as the Volunteer Coordinator at Wellspring Women's Center for 2.5 years before transitioning into the Development Director role. Wellspring Women's Center was founded in 1987 by two Sisters of Social Service with the mission to "nurture the innate goodness and personal self-esteem of women and their children and to do so within an atmosphere of hospitality with dignity and love."

Wellspring serves as a drop-in center to over 200 women and their children each

weekday morning, and provides a nutritious breakfast meal, social work services, enrichment classes, and safety net support services. Wellspring started from humble beginnings and has grown to become a trusted neighborhood gathering place that reduces isolation and loneliness.



One of Wellspring Women's Center's programs is "Art of Being." This program includes expressive therapy sessions, crafting classes and art workshops. It offers women many rich opportunities to express themselves creatively. Any woman in the community is welcome to participate, and all activities and materials are offered at no cost.

Click to view "[Art of Being.](#)"

## Region Happenings!

All service clubs struggle with raising funds. So many working parts: novel idea, logistics, publicity, prizes, attendees, to name a few.

One way to boost attendance at your event starts before the day of your event. It starts by attending someone else's event.

Have you heard the expression, "Give a little to get a little?" Elk Grove is a small town with many service clubs and other charitable organizations. Each organization has their sphere of influence, but many people overlap. So, how best to use those spheres? Two ways: work together on events and attend each other's events.

Each club has a skill that they excel in, whether it's in the kitchen cooking for large numbers of people, gathering raffle items and making beautiful baskets, running the "front of house" at an event, s

event and raffle prize tickets, running the bar, etc.

If you want members of clubs to come to your event, you need to go to theirs – first!

Here's a short list:

[February 6 – SISN Crab & Pasta Feed](#)

[February 7 – SI West Sac Bingo Luncheon](#)

[February 7 – SI Cameron Park/EDH A Chocolate Af-fair](#)

[February 28 – SI Sacramento Crab Fiesta](#)

[March 14 – SI Auburn Comedy Gala](#)

[March 7 – Elk Grove Lions Crab Feed](#)

[March 21 – Optimist Crab Feed](#)

[March 29- Rotary Taste of Elk Grove](#)

## Random (and sometimes wacky) Tips

Submitted by Sherry McLellan

This is an awesome tip for those who like to keep their white wine cold while they are drinking it! Just pop some grapes in the freezer, and then add to keep your wine chilled without it getting watered down.

Make it more festive by using different grape varieties: red, green, purple/blue. Enjoy!



## Member Bio – Betty Walters

Submitted by Kristine Smith

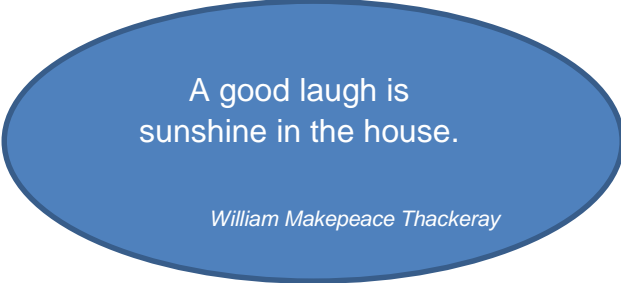
Betty was born in Mississippi and moved to Chicago at age of 9. In 1965 at age of 26 she sold everything and spend 4 months living in Germany. While there she met a military man from Southern California and upon returning to the U.S. they married and moved to California (Moraga, Walnut Creek then Auburn).

After a divorce Betty moved to Sacramento where she took a job at United Grocery. She made new friends, met her 2<sup>nd</sup> husband Jess and they relocated to Elk Grove in 1981. (Betty is still friends with a women she met at that job.)

After moving to Elk Grove, Betty needed to find a way to meet new people and get involved in the community. Through her realtor she became aware of Soroptimist and decided to join the Soroptimist of Rio Cosumnes club in 1985 as a charter member.

The first few years were spent having a variety of fund raisers including the “hoe-down events” which required a lot of work. Then in 1996 while traveling with Cathleen Riebe, they saw a kiosk selling See’s candy. Upon returning home they contacted See’s and the SIRC candy store became the new fundraiser for the club (which has continued for 19 years). Even though it meant a lot of work we had lots of help from the Soropti-misters and the former member Lee Brown who handled all the financials.

Betty enjoys being a Soroptimist because of the wonderful people she has met and considers her friends.



A good laugh is  
sunshine in the house.

*William Makepeace Thackeray*

## SI Auburn, Washington Visitation

Submitted by Betty Matsui

On Wednesday, January 21, I attended a weekly meeting the SI Auburn, Washington. The lovely, lively group discussed upcoming plans for their annual fundraiser, Cupid’s Caper. The annual Valentine dinner-dance-auction event is scheduled for February 7, 2015 and includes live jazz and heavy hors d’oeuvres.

I enjoyed meeting the ladies of Auburn, Washington and surrounding areas. I brought various Teen Dating Violence gifts and See’s candy to their president, Kristin Ongais. The group asked various questions about our See’s Candy Fundraiser. In all, it was an interesting visit to a wonderful SI club.

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## Family Favorite for February

Submitted by Sherry McLellan

### SIEG OFFICERS

Genny Fulp  
President

Tracey Edwards  
President-Elect

Janet Brabender  
Treasurer

Betty Matsui  
Asst. Treasurer

Peggy Ursin  
Recording Secretary

Annajean Neill  
Corres. Secretary

Karin Lindner  
Betty Walters

Delegates

Diane Hollingshead  
Club Ambassador

Peggy Ursin  
Parliamentarian

Tracey Edwards  
Newsletter



Sometimes you just want a quick, easy, comforting dinner that is also really yummy. This family favorite is one of those. The secret is the tomatoes! Sure you can use just any old canned tomatoes, but you'll really be missing out. What makes this dish really delicious are the San Marzano tomatoes. So go ahead and spend a little bit more.... it is totally worth it.

### Ingredients:

- 2 to 4 Pork Chops depending on how many you are serving.

- 1 package Spanish or Beef Rice-A-Roni (the San Francisco treat!)
- 1 28oz. can San Marzano tomatoes (I use Cento brand and have bought them at Wal-Mart and Raley's)



- 2 Tbsp. butter or margarine for Rice-A-Roni preparation

### Instructions:

1. Brown pork chops in a bit of oil in a large frying pan. Remove and set pork chops aside.
2. In same frying pan, sauté Rice-A-Roni in 2 Tbsp. butter over medium heat until golden, stirring frequently.
3. Add can of tomatoes and the seasoning mix from Rice-A-Roni and mix well, crushing tomatoes. I rinse the can with just a bit of water (maybe ½ -1 cup) and add as well.
4. Bring to boil.
5. Place the pork chops on top of Rice-A-Roni mixture, cover and reduce heat to low.
6. Simmer 15 to 20 minutes or until rice is tender and most of the liquid has been absorbed.

Mangia!

### CALENDAR SNAPSHOT

- Feb 6 Program Meeting – CCSD Admin Blvd, 8820 Elk Grove Blvd. Conf. B, Elk Grove
- Feb 9 Board Meeting – Peggy Ursin, 9272 Spilsby Court, Sacramento, 95829
- Feb 11 2<sup>nd</sup> Wednesday Lunch – Double Nickel SH, 3443 Laguna Blvd., Elk Grove
- Feb 17 E.G. Chamber Mixer – Caliber Collision, 9131 Elkmont Way, Elk Grove
- Feb 19 Business Meeting – Elk Grove Library 8900 Elk Grove Blvd., Elk Grove
- Mar 6 Program Meeting – CCSD Admin Blvd, 8820 Elk Grove Blvd. Conf. B, Elk Grove

## Soroptimist Websites



SIERRA NEVADA REGION  
WWW.SOROPTIMISTSNR.ORG

Governor: Jackie DeMartini

SOROPTIMIST INT'L OF THE AMERICAS  
(FEDERATION)  
WWW.SOROPTIMIST.ORG

President: Margaret "Poco" Davis



SOROPTIMIST INTERNATIONAL  
WWW.SOROPTIMISTINTERNATIONAL.ORG

President: Ann Garvie



## February 2015

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6 <b>Program Meeting</b>  7:30 a.m.	7
8	9 <b>Board Mtg.</b>  Home of Peggy Ursin	10	11 <b>2<sup>nd</sup> Wednesday Lunch</b>  Double Nickel, 3443 Laguna Blvd  11:30 a.m.	12	13	14 <b>Senior Center Pancake Breakfast</b>
15	16	17 <b>Chamber Mixer 5:30-7pm</b> <b>Caliber Collision, 9131 Elkmont Way</b>	18	19 <b>Business Meeting 6pm</b>  EG Library 8900 EG Blvd.	20	21   <b>Camden Springs Gracious Retirement Living</b>
22	23	24	25	26	27	28
						Black – SIEG Green – Fun Orange – Supporting Blue - Info