



## Greetings from the President



**Genny Fulp, President**

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Hello Members,

I just want to briefly touch on the drought we have encountered here in our area and in Northern California. Let's try and see if you can do your part and help in this much needed conservation. It will add up somewhere down the line. I know the weather is beautiful; try and enjoy it, even if we feel guilty about what is going on back east and the misery the snow is causing those folks.

Remember Governor Jackie's theme, "No Guilt, Me First". I guess that will hold true in this case. Enjoy!

We recently had our fabulous Bunco party. Even though the numbers are not in as of yet, I do think it went well. The committee deserves a big congratulations, and thank you for a job well done. It seems E.G. ladies love BUNCO, and this would be a good fundraiser for us in the future.

March doesn't seem to have any pressing

events for SIEG on the calendar, but there is a non-SIEG event that is just for fun. We will be touring Crocker Art Gallery on **March 25<sup>th</sup>**, for a docent-led tour of Toulouse-Lautrec. If you are interested, please contact **Annajean Neill** and she can give you further details. The cost is \$8.00, but if you are a member of Crocker, it is free. Crocker is limiting the guests to 12 for this tour. It is very popular and in big demand. If attending, please pay Annajean early as Crocker would like their money at least two weeks in advance of the tour.

I just want to add a short paragraph about our District 3 Winter Meeting that a few of us recently attended. It was the 2<sup>nd</sup> District 3 meeting held since the districts were reconfigured. All 10 clubs were present and the meeting was enjoyed by all. It was held at Plates Café, and discussions were well received. The six speakers were mostly geared toward children's literacy. The

next District meeting will be held on **October 10, 2015**, hosted by Sacramento South; and the winter meeting will be on **January 23, 2016**. I suppose this is all subject to change, but for now those are the dates.

Public Service Announcement: Just a reminder, **March 8<sup>th</sup>** will be time to spring forward. We set our clocks one hour ahead, in honor of 'day-light saving time'. You can make up for the loss of an hour's sleep in the fall when the clocks are turned back.

I also want to wish all of you a **Happy St. Patrick's Day**. I guess we are all Irish for a day. Happy Spring as well, as spring will be here officially on the 20th. It has been one long 'fall' season, and now we call it spring. Not too much is changing.

Genny Fulp  
President, SIEG



## Mark Your Calendar

March 6, 2015	March 9, 2015	March 11, 2015	March 19, 2015	April 3, 2015
Program Meeting	Board Meeting	2 <sup>nd</sup> Wed. Lunch	Business Meeting	Program Meeting
7:30 am Elk Grove Library	6:00 pm Tracey Edwards' House	11:30 am Original Mike's Diner	6:00 pm Elk Grove Library	7:30 am Elk Grove Library



### 2<sup>nd</sup> Wednesday

This month we will meet at [Original Mike's Diner](#), 9139 E. Stockton Blvd. #3, at 11:30am, on March 11, 2015.

Remember, the more the merrier! And, don't forget to take a picture!



#### District 3 Winter Meeting



February 28, 2015

There was a great turnout at our District 3 meeting last Saturday. All 10 ten clubs and all 10 Presidents were in attendance.

Four discussion groups were held in the afternoon: Public Awareness, Programs/Awards, Fundraising and Soroptimist in the City.

Notes were taken and will be distributed, probably through e-blast, to everyone. Great ideas were shared, so be open to new ideas coming your way. And volunteer to help where you can.

### March Birthdays

March 16 – Diane Hollingshead  
March 20 – Janet Hume



### 916Ink

If you attended the District III Winter meeting on February 28, 2015, you heard Katie McCleary, from [916Ink](#), speak about their program. "916 Ink empowers students in the Sacramento region with creative writing, thereby developing strong readers and inspired writers who lead a higher quality of life due to increased literacy skills and improved academics."

They are always looking for volunteers with time and talent. You can volunteer in the classroom or behind the scenes at home. Contact [Karin@916ink.org](mailto:Karin@916ink.org) for an application.



### SNR Star Awards



March 1<sup>st</sup> was the deadline for submission of our entry for the SNR Star Awards. There are five stars possible:

- Website
- Newsletter
- Social Media
- Innovative Program.

If a Club wins all four stars, then they get a fifth one. Last year our club won 1<sup>st</sup> place for our Website and 2<sup>nd</sup> place for our Newsletter. Keep your fingers crossed!

## “Out ‘n About” Fundraising Benefitting EG Lions



On January 31, **Diane Hollingshead** and **Tracey Edwards** went to Stellar Studios to make a bowl for [Sacramento's Empty Bowls](#) fundraiser. It was a lot of fun and they designed very pretty bowls for someone to enjoy.

Empty Bowls benefits the Sacramento [River City Food Bank](#).



On Friday, January 23, 2015 thieves broke into a secured area and made off with the [Elk Grove Lions' fully packed trailer](#). The trailer was recovered a few days later, empty except for a broom. Over \$20,000 worth of equipment was stolen.

The community banded together; some people donated individually, some businesses donated and the ball started rolling. On Friday, February 28, 2015 a fundraiser benefitting the Elk Grove Lions was held at The Falls Event Center.

President **Genny Fulp** presented the Elk Grove Lions with a \$250 check to assist them with replacing stolen items. We hope they are quickly able to get back to their 100+ events around the community!

Following are pictures from that Event:



## On The Web

*Here are some quick links for when you're wandering through the Web looking for interesting and informational tidbits!*

[Our \(SIEG\) Programs SI Elk Grove](#)

[My Sister's House Soroptimist SNR](#)

[Our Global Impact SI of the Americas](#)

[SoroptiVoice Blog Soroptimist Int'l](#)

*Please share with your editor when you find something interesting that your fellow members would benefit knowing about, whether a photo, a video, or blog.*

## SOLT – Some Other Little Things

More than 50 SIA members will be attending the 59<sup>th</sup> annual [Commission on the Status of Women](#) March 9-20, 2015. While there, they will be advocating the promotion of gender equality and the social, political and economic empowerment of women.

Message to all members of the United Nations.

We want you to

- COMMIT to the Beijing Platform for Action.
- ACCELERATE its implementation.
- INVEST in women's rights.

Women & girls **won't wait** 20 more years.

#CSW59 #Beijing20 www.womenlobby.org

*We would love to hear from you!  
Here's our contact information:*

**Soroptimist Int'l of Elk Grove**  
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Elk Grove, CA 95759

[www.SoroptimistElkGrove.org](http://www.SoroptimistElkGrove.org)

Email us at:

[hello@SoroptimistElkGrove.org](mailto:hello@SoroptimistElkGrove.org)

We're on Facebook. Are you? Find us here:  
[www.Facebook.com/SoroptimistElkGrove](http://www.Facebook.com/SoroptimistElkGrove)

Find the Facebook SNR Group here:  
[Soroptimist Sierra Nevada Region District III](#)



## New Members Inducted



On February 19, 2015 at our business meeting we inducted two new members – **Phyllis Davis** and **Lynda Tallerico**. We are very excited and know that these ladies will bring new ideas and fresh energy to the club. Recording Secretary **Peggy Ursin** did the honors and members **Mary Ann Chappelle** and **Tracey Edwards** stepped up as their mentors. Both ladies jumped in with both feet and attended our District III Winter meeting last Saturday. This is a great time of year to join; it gives them a chance to immerse themselves in our meetings, here the lingo, ask clarifying questions and get to know everyone.



Introduce yourself and get to know them; you'll be glad you did.

EDITOR'S NOTE: If you know someone interested in joining our club, or even just checking us out, invite them to one of our program meetings or even out to our 2<sup>nd</sup> Wednesday Lunch. This will give them the chance to meet us, hear about our mission and the programs we support.

You can contact **Annajean Neill** at (916) 685-9878 for an application and the current dues amount.

**This, then, is the test we must set for ourselves; not to march alone but to march in such way that others will wish to join us.**

~ Hubert H. Humphrey

## Region Happenings!

All service clubs struggle with raising funds. So many working parts: novel idea, logistics, publicity, prizes, attendees, to name a few.

One way to boost attendance at your event starts before the day of your event. It starts by attending someone else's event.

Have you heard the expression, "Give a little to get a little?" Elk Grove is a small town with many service clubs and other charitable organizations. Each organization has their sphere of influence, but many people overlap. So, how best to use those spheres? Two ways: work together on events and attend each other's events.

Each club has a skill that they excel in, whether it's in the kitchen cooking for large numbers of people, gathering drawing items,

making beautiful baskets, selling drawing prize tickets, running the bar, etc.

If you want members of clubs to come to your event, you need to go to theirs – first!

Here's a short list:

[March 7 – Elk Grove Lions Crab Feed](#)

[March 14 – SI Auburn Comedy Gala](#)

[March 21 – Optimist Crab Feed](#)

[March 28 – SISN Bunco Party](#)

[March 29- Rotary Taste of Elk Grove](#)

[April 18 – SIGV – A Day for Women](#)



## Random (and sometimes wacky) Tips

Submitted by Sherry McLellan

Spring is just around the corner (and we already have spring-like weather) so it is time to work in the garden a bit. Isn't this a cute idea for stepping-stones? Make the flower shapes by using stepping-stones and brick "petal" shapes you can find in garden centers!



## Celebrate the Green for St. Patrick's Day

Submitted by Sherry McLellan



**Slow Cooker Creamy GREEN Chile Enchilada Soup!** Is that too much of a stretch? Regardless, I wanted to share this really yummy soup recipe.... and it is so easy to do in the Crock Pot.

Ingredients:

- 32 oz. chicken both
- 24 oz. chicken breasts
- 2 cans of Green Chile enchilada sauce
- 4 oz. can of diced green chilies
- 3/4 cup of water
- 2 tbsp. of ground cumin (I only used about 1 tbsp.)
- 1 tbsp. of chili powder (I only used about 2 tsp.)
- 1 tsp. of onion powder
- 1 tsp. of garlic powder

- 1 cup of frozen corn (defrosted)
- 1 block of cream cheese (cut up into a few pieces)
- 3/4 cup of **instant rice (not cooked)**
- Salt and pepper to taste (depending on the sodium level of your broth, you may need more salt.)
- Tablespoon of corn starch (only if needed)
- Optional: shredded cheese, avocado and/or sour cream for garnish

Instructions:

1. In your slow cooker, mix together the broth, green enchilada sauce, green chilies, water, chili powder, garlic powder, onion powder and cumin.
2. Add the chicken breasts to the crock-pot and cook on low for 7 hours.

3. At the 7-hour mark, remove the chicken to another dish. Shred the chicken and put back in your slow cooker. Add the rice, corn and cream cheese to the soup mixture and replace the lid. Cook for another 30 minutes and stir the soup, making sure to get the cream cheese mixed in. You may need to cook just a bit longer to ensure the cream cheese is melted completely.

4. At this point, you can judge the consistency of your soup. If you would like it thicker, mix a tablespoon of corn-starch with about 1/8 cup of water and then mix into the soup, after 10 to 20 minutes the soup should thicken considerably.

*From Scattered Thoughts of a Mom*

### SIEG OFFICERS

Genny Fulp  
President

Tracey Edwards  
President-Elect

Janet Brabender  
Treasurer

Betty Matsui  
Asst. Treasurer

Peggy Ursin  
Recording Secretary

Annajean Neill  
Corres. Secretary

Karin Lindner  
Betty Walters

Delegates

Diane Hollingshead  
Club Ambassador

Peggy Ursin  
Parliamentarian

Tracey Edwards  
Newsletter

### CALENDAR SNAPSHOT

March 5 Tri-Chamber Mixer – Comfort Inn & Suites, 10380 Twin Cities Road, Galt.

March 6 Program Meeting – Elk Grove Library, Elk Grove Blvd., Elk Grove

March 9 Board Meeting – Tracey Edwards, 4000 Babson Drive Elk Grove, 95758

March 11 2<sup>nd</sup> Wednesday Lunch – Original Mike's Diner, 9139-3 E. Stockton Blvd., Elk Grove

March 19 Business Meeting – Elk Grove Library 8900 Elk Grove Blvd., Elk Grove

April 3 Program Meeting – Elk Grove Library, Elk Grove Blvd., Elk Grove

### Soroptimist Websites



SIERRA NEVADA REGION  
WWW.SOROPTIMISTSNR.ORG

Governor: Jackie DeMartini

SOROPTIMIST INT'L OF THE AMERICAS  
(FEDERATION)  
WWW.SOROPTIMIST.ORG

President: Margaret "Poco" Davis



SOROPTIMIST INTERNATIONAL  
WWW.SOROPTIMISTINTERNATIONAL.ORG

President: Ann Garvie



## March 2015

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5 <b>Tri - Chamber Mixer</b> 5:30-7:30pm <b>Galt</b>	6 <b>Program Meeting</b>  EG Library 7:30 a.m.	7
8	9 <b>Board Mtg.</b>  Home of Tracey Edwards	10	11 <b>2<sup>nd</sup> Wednesday Lunch</b>  Original Mike's Diner, 9139 #3 E. Stockton Blvd.	12	13	14 <b>Senior Center Pancake Breakfast</b>  <b>Martini's &amp; Merriment, Marysville</b>
15	16	17	18	19 <b>Business Meeting 6pm</b>  EG Library 8900 EG Blvd.	20	21
22	23	24	25	26	27	28
						Black – SIEG Green – Fun Orange – Supporting Blue - Info