



Greetings from the President



Genny Fulp, President

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Hello Members,

As we move into these early months of our fiscal year, we have already made a mark in our involvement in our community. Thank you to this wonderful club for helping out in so many areas. As most of you know, the calendar fills quickly and you (members) are always ready and willing to help. This is what makes this club work so well.

October also brings us congratulations to Soroptimist as this is the month we celebrate "Founders Day". We wouldn't be a part of this wonderful organization doing the work we do locally and globally if somebody didn't have the fortitude and willingness to start this organization. The volunteer hours must be humongous in itself. You will be able to read more in this issue of our newsletter. The date to commemorate this event was October 3rd. Also, this marks the birthday of our very own club. Sep-

tember 25th was the 29th birthday of our very own club. So "Happy Birthday SIEG."

The Bunco event is behind us now. I was away for a couple of weeks and sent this to the editor early, and because I was not in attendance for the Bunco party, I do hope it was a big success. With such a great committee, how can it go wrong? I will be returning on October 12th, so I know I will hear all the success stories on my return. I hope as many of you as possible were available to help with this very worthwhile event. As you know, any fundraising event is a worthwhile event.

The District 3 Meeting is in the near future, and we all know this is an important event for our club as we are the host club. Barbara Smiley, our District Director, has 10 clubs she oversees, so I think we will get a good attendance. The committee will need help in many areas to make

sure all the "i's" are dotted, and the "t's" are crossed, so when the 'call' is delivered, please help where you are able.

We have a temporary home for our business meetings. We will be using our See's store for our business meeting for the rest of the year. Lots of parking, I hope, as the gym does have many members and it seems to fill quickly, so let's hope that is not a problem. We will also be busy working to get the store ready for our customers (of which I hope we have many). Pass the flyers out to as many business, friends and co-workers as possible so the entire community knows we are open.

I will be back in time for our board meeting, business meeting and District Meeting; whew, sounds like a busy week for all of us. Bon Voyage, I am off!

Genny Fulp

Life isn't a matter of milestones, but of moments.

~ Rose Kennedy



Chocolate Love Affair

2nd Wednesday Lunch

This month we will meet at Sinful Treats, 5640 Whitelock Parkway, at 11:30am, on October 8th.

Last month we ate at the Lodi Airport Café; everyone enjoyed their meal.



SAVE THE DATES - Fun times ahead!

| | | | |
|---|---|--|--|
| <p>October 8</p> <p>2nd Wed. Lunch Sinful Treats, 5640 Whitelock Parkway, EG</p> <p>11:30 a.m.</p> | <p>October 16</p> <p>Business Meeting See's Candy Store</p> <p>6:00 p.m.</p> | <p>October 18</p> <p>District III Winter Mtg.</p> <p>CRC Cafeteria, 8401 Center Parkway, Sac</p> <p>8:30 a.m.</p> | <p>November 7</p> <p>Program Meeting</p> <p>CCSD Admin Building</p> <p>7:30 a.m.</p> |
|---|---|--|--|

Mark Your Calendar!



October 18, 2014

Cosumnes River College
 Cafeteria
 8401 Center Parkway
 Sacramento, CA 95694

The Fall Meeting runs
 from 8:30am – 2:00pm

Please plan to join Governor Jackie De-Martini. Governor-Elect Vicki Watson, District 3 Director Barbara Smiley, and your club members in Elk Grove on Saturday, October 18th for a great kick-off to the biennium!

October Birthdays

- October 1 – Sandi Russel
- October 3 – Marie Jachino
- October 4 – Kristine Smith
- October 10 – Theresa Thurman
- October 20 – Betty Walters
- October 23 – Peggy Ursin
- October 26 – Bobbi Jordan
- October 30 – Sherry McLellan
- October 31 – Leticia Ruiz



Founder's Day

On October 3, Soroptimist celebrated Founders Day, which acknowledges the day in 1921 when the first club in Alameda County, California, called to order its first business meeting. Clubs could celebrate the founding of the organization with activities to promote the organization and its early mission to “foster the ideal of service” through programs that now focus on improving the lives of women and girls in local communities and throughout the world.

Click on [this link](#) to read more about it.

October Program Meeting Speaker

Nilda Valmores has had the honor of serving as the Executive Director of My Sister's House for the past 10 years. My Sister's House is the Central Valley's domestic violence shelter that focuses on helping Asian and Pacific Islander victims of domestic violence, sexual assault, and human trafficking.

Nilda has more than 25 years of experience living and working in Sacramento with local and statewide non-profit organizations that help low-income families. When not dealing with My Sister's House, or being a member of Soroptimist of Sacramento, Nilda enjoys spending time annoying her family and eating good French fries.

Bunco Fundraiser Update

by Kristine Smith

The Bunco event this past Saturday at Camden Springs came off without a hitch. We had a good turnout of playing guests with quite a few familiar faces including Bobbi Jordan, and two of our past SIEG award winners.

We had a good representation of Soroptimist volunteers to work the event: Betty Hall, Betty Matsui, Betty Walters, Cathleen Riebe, Carol Crump, Mary Ann Chappelle, Mary Lewis, and Peggy Ursin as MC and club representative.

We had a nice selection of baskets and gift cards thanks to members and vendors: Karin, Tracey, Diane H, Janet, Annajean, Betty M, Leslie, and Jane, Mikuni's, Leatherby's, Sinful Treats, Chick-Fil-A, Bravo, and Cassidy's.

(Note: several baskets initially slated for Bunco were set aside for the District meeting on October 18th).

Janet will be reporting on the financials a bit later.

The committee: Annajean, Marie, Janet, Tracey and Kristine were pleased with the outcome of the event and certainly glad that it's now over.

“Problems are not stop signs, they are guidelines.”

Robert H. Schuller

On The Web

Here are some quick links for when you're wandering through the Web looking for interesting and informational tidbits!

[Our \(SIEG\) Programs](#)
[SI Elk Grove](#)

[My Sister's House](#)
[Soroptimist SNR](#)

[Our Global Impact](#)
[SI of the Americas](#)

[SoroptiVoice Blog](#)
[Soroptimist Int'l](#)

Please share with your editor when you find something interesting that your fellow members would benefit knowing about, whether a photo, a video, or blog.

“Out ‘n About” SIEG Supporting Others



On September 16th, President Genny Fulp and President-Elect Tracey Edwards attended the Elk Grove Chamber Mixer at Kobe Steak and Sushi. They had the opportunity to mingle with other local businesses and hand out flyers for our Bunco Fundraiser and See’s Candy Store.



On September 18th, the Elk Grove Food Bank Services (EGFBS) held an Open House to celebrate their 40th Anniversary. This is a program that was started in a Methodist Church and grew into a warehouse. The program was started by locals Bob Fossgreen and Cathy O’Neill to provide food and clothing for those who needed help.

Here is Marie Jachino, Executive Director of EGFBS accepting a **Certificate of Recognition** from the California Legislature. It was just one of the many awards and certificates given out to recognize this great organization.

Below is a **Certificate of Congressional Recognition** presented by an Aide to Congressman Ami Bera.



Below are some of our members helping by passing out the raffle prizes donated by local businesses.



The Food Bank’s volunteers helped in many ways to get this event off the ground: setting up the refreshments tables, gathering raffle prizes, etc. Here is a picture of some of the volunteers who provided refreshments to the guests.



Below is one our members, Betty Hall, who is also a hard-working Board member for the EGFBS.



And the night wouldn’t be complete without a picture of all of the SI Elk Grove members who attended to cheer on one of our own!



[Click Here](#) for a Celebration Video.

Below is a picture of some of our 2014-2015 Board members from the September Board meeting. Thank you for saying “Yes!”



SOLT – Learning More About Soroptimist

Live Your Dream Award (previously known as Women’s Opportunity Award)

Hear from Shirlee, one of our 2014 Live Your Dream Award (formerly the Women’s Opportunity Awards) recipients. Shirlee gave a short speech during the Live Your Dream Luncheon at convention. She is one incredible woman!



[Click here](#) to listen to Shirlee’s speech.

*We would love to hear from you!
Here’s our contact information:*

Soroptimist Int’l of Elk Grove
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Elk Grove, CA 95759

www.SoroptimistElkGrove.org
Email us at:
hello@SoroptimistElkGrove.org

Charter Member Bio – Mary Ann Chappelle



Mary Ann Chappelle

I was born and raised in San Francisco and moved to Elk Grove in 1978 when my husband Mike received a job transfer. I was new to the town and wanted to meet people and got involved with the building of the Senior Center.



I was asked to be a speaker at the original SIEG club and afterwards they invited me to become a member. I liked that the club was made up of professional women in the community and thought it would be a good way to meet new people and promote the Senior Center, (which it did).

Not long after joining the club however, there was noticeable dissension amongst the members, and myself and several other people chose to start a new club, Soroptimist of Rio Cosumnes (SIRC).

Those original members were Jane Morse, Rose Geerts, Janet Hume, Betty

Walters, and Mary Lewis.

The SIRC club grew and it was a very enjoyable group of women that worked to get things done for the club and the community. I had not been a member of a women's club before joining Soroptimist, but this experience has been very gratifying. I would like to see more diversity in the club membership and hope we can achieve that ideal.

What would members be surprised to know about you?

I love a good dirty joke.



Founders Pennies



Each year, about 98% of Soroptimist clubs donate Founder's Pennies to celebrate the founding of Soroptimist and to support federation programs. Founders Pennies are a classic, time-honored tradition for clubs, and a creative way to help fund life-changing programs.

Founders Pennies are now used to fund the Live Your Dream Awards and other SIA programs to improve the lives of women and girls.

Founders Pennies are set at \$0.06 per member times the number of years SIA has been in existence. For 2014 that equals \$5.58 per member, for 2015 it will be \$5.64 per member.

Random (and sometimes wacky) Tips

Submitted by Sherry McLellan

These just make me laugh! What a clever and *super* easy idea for a Halloween party or snack for your kids or grandkids!

Just glazed donuts with those cheap plastic vampire teeth squeezed in the doughnut hole. Add a couple of chocolate chip eyes and you've got a cute and funny addition to your Halloween festivities!



Trick or Treat – Make That Scarecrow Treats!

Submitted by Sherry McLellan

SIEG OFFICERS

Genny Fulp
President

Tracey Edwards
President-Elect

Janet Brabender
Treasurer

Betty Matsui
Asst. Treasurer

Peggy Ursin
Recording Secretary

Annajean Neill
Corres. Secretary

Karin Lindner
Betty Walters

Delegates

Diane Hollingshead
Club Ambassador

Peggy Ursin
Parliamentarian

Tracey Edwards
Newsletter



Yes, it is that time of year again! Time for ghosts and goblins and of course TREATS. These Scarecrow Treats are really yummy and perfect for Halloween

Ingredients:

1 box Yellow Cake box mix
1 egg
½ cup buttered, softened
3 cups mini marshmallows

½ cup light corn syrup
1/3 cup sugar
¼ cup brown sugar
½ cup peanut butter
2 tsp. vanilla
2 cps Rice Krispies
1-1/2 cups peanuts
1 cup candy corn

Instructions:

Preheat oven to 350. Mix cake mix and butter until well mixed. Add egg and beat until all mixed together.

Press dough mixture into the base of a greased 9x13 pan. Bake for 12-14 minutes until edges are light brown or set.

Add marshmallows to the top & return to oven for 1-2 minutes until marshmallows puff up. Remove from oven.

Combine corn syrup and

sugars in a pot on medium heat. Stir for a few minutes until mixture comes to a boil. Remove from heat. Stir in peanut butter and vanilla until smooth. Add cereal and peanuts. Mix well. This will be thick...sprinkle/spoon it over marshmallow layer until it is pretty much completely covered. Press it lightly into the marshmallow layer.

Sprinkle the candy corn on top and press lightly into the peanut layer. I used less than 1 cup of candy corn (maybe about 2/3 of a cup) and it was plenty...you could even use less and it would be good.

Let cool and cut into bars for serving. These are quite sweet so cut the bars on the small side. ENJOY!

Adapted from www.Lilluna.com

CALENDAR SNAPSHOT

Oct 8 2nd Wednesday Lunch, Sinful Treats, 5640 Whitelock Parkway, Elk Grove

Oct 13 Board Meeting – Janet Brabender, 8793 Valley Oak Lane, Elk Grove

Oct 16 Business Meeting, See's Store, Elk Grove Village, Elk Grove

Oct 21 E.G. Chamber Mixer, Bravos' Soup & Sandwich Shoppe, 9160 E. Stockton Blvd. #130

Nov 7 Program Meeting, CCSD Admin Blvd, 8820 Elk Grove Blvd. Conf. B, Elk Grove

Nov 10 Board Meeting – Karin Lindner's, 8785 Los Encantos Circle, Elk Grove

Soroptimist Websites



SIERRA NEVADA REGION
WWW.SOROPTIMISTSNR.ORG

Governor: Jackie DeMartini

SOROPTIMIST INT'L OF THE AMERICAS
(FEDERATION)

WWW.SOROPTIMIST.ORG

President: Cheri Fleming



SOROPTIMIST INTERNATIONAL
WWW.SOROPTIMISTINTERNATIONAL.ORG

President: Ann Garvie



October 2014

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|------------------------------------|--|---|--|---|--|
| 31 | | Black – SIEG Green – Fun Orange – Supporting Blue - Info | 1 | 2 | 3 Program Meeting 7:30 a.m. | 4 |
| 5 | 6 | 7 | 2nd Wednesday Lunch Sinful Treats | 9 | 10 | 11 Senior Center Pancake Breakfast |
| 12 | Board Mtg. Janet's House | 14 | 15 | Business Meeting See's Store 6 p.m. | 17 | District 3 Fall Meeting CRC Cafeteria 8:30-2:00 pm |
| 19 | 20 | EG. Chamber Mixer 5:50-7pm Bravo's Soup & Sandwich Shoppe | 22 | 23 | 24 | Happy Birthday SIEG!! <u>Run for a Safe Haven</u> |
| 26 | 27 | 28 | 29 | 30 | 31  | |